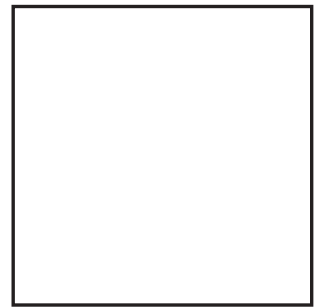
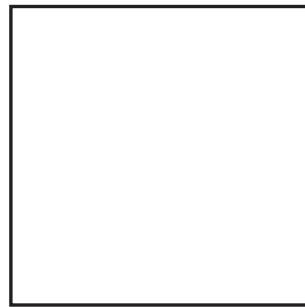
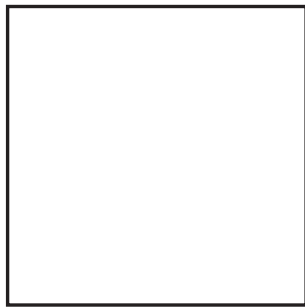
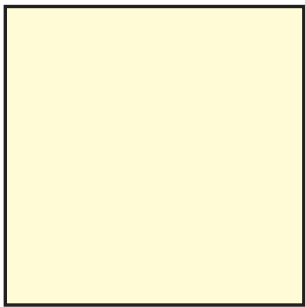
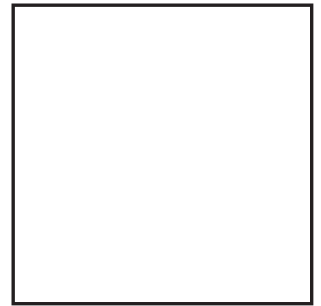
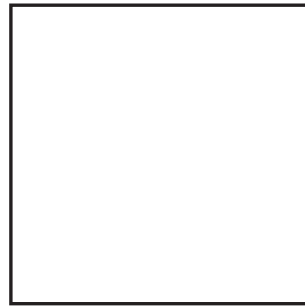
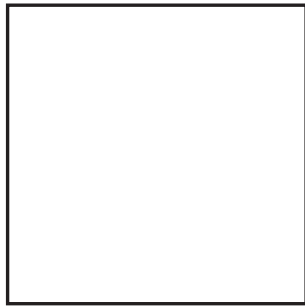
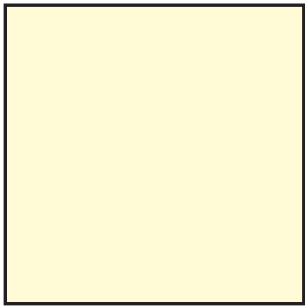
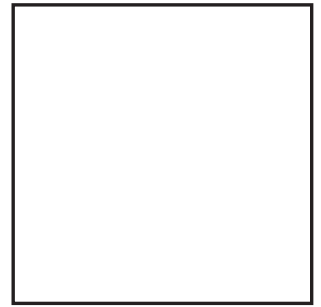
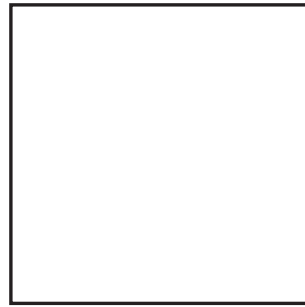
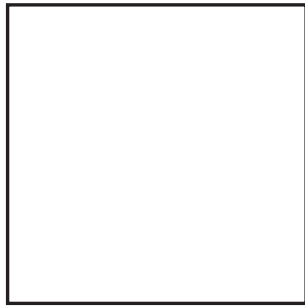
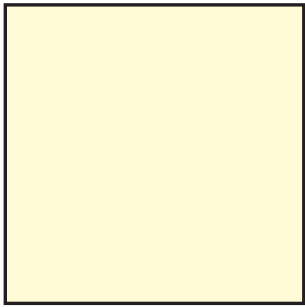
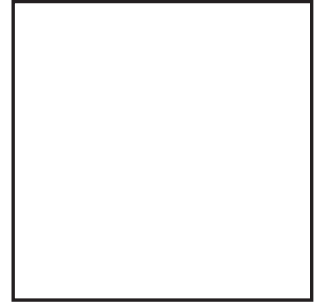
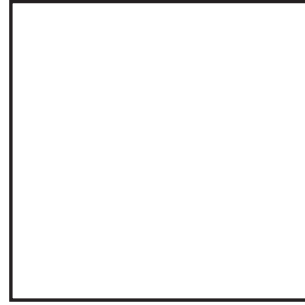
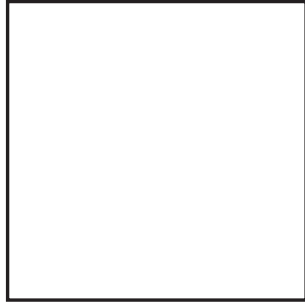
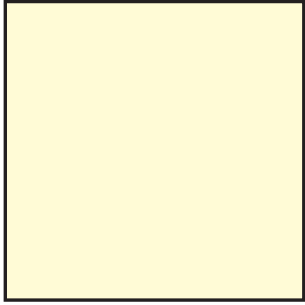


HEINÄKUUN LIKUNTAPASSI

NIMI:

Valitse 4 liikuntalajia, joista nautit. Piirrä tai kiinnitä lajin kuva keltaiseen ruutuun. Merkitse liikuntakerrat valkoisiin ruutuihin. Voit kirjoittaa päivämäärän tai kuinka paljon aikaa liikkussa kului. Voit myös piirtää oman ilmeesi liikunnan jälkeen.



Miten tyytyväinen olet liikkumiseesi heinäkuussa?

Ympyröi sopiva ilme.

